



Moving Medicine

Clinical Effectiveness & Research Governance Matrix

You can use this matrix as a guide and checklist to help you with your Governance framework. There are lots of useful documents and information within the Active Hospital Toolkit to assist you in planning and developing your Governance framework.

Activity	CQC Domain	Resources	Local examples
Measuring PA in secondary care settings	Effective, well led	<ul style="list-style-type: none"> ○ Current best practice for different patient groups 	<ul style="list-style-type: none"> ○ Physical activity calculator ○ Bedside Mobility Assessment Tool
Improving confidence of staff to deliver Brief intervention	Effective, well led, responsive, caring	<ul style="list-style-type: none"> ○ Education resources 	<ul style="list-style-type: none"> ○ Audit tools
Improving and maintaining PA levels of inpatients	Safe, effective		
Improving patient experience	Caring, responsive	<ul style="list-style-type: none"> ○ EQ-5D ○ PROM templates ○ Complaint procedures ○ Compliment procedures 	<ul style="list-style-type: none"> ○ Case studies: Pathway feedback, EQ-5D data, patient testimonials
Improving quality of PA conversations in staff	Effective	<ul style="list-style-type: none"> ○ Link to MI literature 	<ul style="list-style-type: none"> ○ Education and training
Adopting Evidence based practice	Effective safe	<ul style="list-style-type: none"> ○ NICE guidelines for PA in various clinical groups ○ CMO guidelines ○ Moving medicine prescribing movement 	<ul style="list-style-type: none"> ○ OUH maternity guidelines ○ Patient information leaflets
Designing impactful interventions	effective	<ul style="list-style-type: none"> ○ COM-B framework 	<ul style="list-style-type: none"> ○ COM-B analysis and BCW

Adapted from Pearson B et al. The clinical governance of multidisciplinary care. International Journal of Health Governance. 2017;22(4):246-50.